**Thursday, Jan. 5, 2023**

Jersey Shore at Central Mountain

Hughesville at Williamsport

Loyalsock at Montoursville

Central Columbia at Bloomsburg

Danville at Southern Columbia

Mount Carmel at Shamokin

Lewisburg at Shikellamy

Midd-West at Selinsgrove

Mifflinburg at Milton

Warrior Run – bye

**Monday, Jan. 9, 2023**

Hughesville at Loyalsock

Williamsport at Central Mountain

Jersey Shore at Montoursville

Danville at Mount Carmel

Southern Columbia at Bloomsburg

Central Columbia at Shamokin

Milton at Midd-West

Selinsgrove at Lewisburg

Shikellamy at Warrior Run

Mifflinburg - bye

**Thursday, Jan. 12, 2023**

Williamsport at Loyalsock

Jersey Shore at Hughesville

Central Mountain at Montoursville

Southern Columbia at Mount Carmel

Central Columbia at Danville

Bloomsburg at Shamokin

Midd-West at Warrior Run

Mifflinburg at Shikellamy

Milton at Selinsgrove

Lewisburg - bye

**Thursday, Jan. 26, 2023**

Central Mountain at Jersey Shore

Williamsport at Hughesville

Montoursville at Loyalsock

Bloomsburg at Central Columbia

Southern Columbia at Danville

Shamokin at Mount Carmel

Shikellamy at Lewisburg

Selinsgrove at Midd-West

Milton at Mifflinburg

Warrior Run – bye

**Saturday, Jan. 28, 2023**

Warrior Run at Selinsgrove

Lewisburg at Milton

Midd-West at Mifflinburg

Shikellamy – bye

**Monday, Jan. 30, 2023**

Loyalsock at Hughesville

Central Mountain at Williamsport

Montoursville at Jersey Shore

Mount Carmel at Danville

Bloomsburg at Southern Columbia

Shamokin at Central Columbia

Midd-West at Milton

Lewisburg at Selinsgrove

Warrior Run at Shikellamy

Mifflinburg - bye

**Thursday, Feb. 2, 2023**

Loyalsock at Williamsport

Hughesville at Jersey Shore

Montoursville at Central Mountain

Mount Carmel at Southern Columbia

Danville at Central Columbia

Shamokin at Bloomsburg

Warrior Run at Midd-West

Shikellamy at Mifflinburg

Selinsgrove at Milton

Lewisburg - bye

**Monday, Jan. 16, 2023**

Loyalsock at Central Mountain

Montoursville at Hughesville

Williamsport at Jersey Shore

Mount Carmel at Bloomsburg

Shamokin at Danville

Southern Columbia at Central Columbia

Selinsgrove at Mifflinburg

Shikellamy at Midd-West

Warrior Run at Lewisburg

Milton - bye

**Thursday, Jan. 19, 2023**

Shikellamy at Milton

Warrior Run at Mifflinburg

Lewisburg at Midd- West

Selinsgrove - bye

**Monday, Jan. 23, 2023**

Montoursville at Williamsport

Central Mountain at Hughesville

Loyalsock at Jersey Shore

Shamokin at Southern Columbia

Bloomsburg at Danville

Mount Carmel at Central Columbia

Mifflinburg at Lewisburg

Milton at Warrior Run

Selinsgrove at Shikellamy

Midd-West - bye

* **First practice date – Dec. 5, 2022**
* **First play date – Dec. 17, 2022**
* **Last play date – March 6, 2023**

**Monday, Feb. 6, 2023**

Central Mountain at Loyalsock

Hughesville at Montoursville

Jersey Shore at Williamsport

Bloomsburg at Mount Carmel

Danville at Shamokin

Central Columbia at Southern Columbia

Mifflinburg at Selinsgrove

Midd-West at Shikellamy

Lewisburg at Warrior Run

Milton - bye

**Thursday, Feb. 9, 2023**

Williamsport at Montoursville

Hughesville at Central Mountain

Jersey Shore at Loyalsock

Southern Columbia at Shamokin

Danville at Bloomsburg

Central Columbia at Mount Carmel

Lewisburg at Mifflinburg

Warrior Run at Milton

Shikellamy at Selinsgrove

Midd-West - bye

**Monday, Feb. 13, 2023**

Milton at Shikellamy

Mifflinburg at Warrior Run

Midd-West at Lewisburg

Selinsgrove – bye

**Thursday, Feb. 16, 2023**

Selinsgrove at Warrior Run

Milton at Lewisburg

Mifflinburg at Midd-West

Shikellamy - bye