First Practice: August 14th First Scrimmage: August 19th First Game Day: August 25th

Wednesday September 6th 2023

Midd-West @ Central Columbia Bloomsburg @ Mifflinburg Southern @ Warrior Run

Monday September 11th 2023

Warrior Run @ Central Columbia Bloomsburg @ Midd-West Mifflinburg @ Southern

Wednesday September 13th 2023

Mifflinburg @ Midd-West Warrior Run @ Bloomsburg Southern @ Central Columbia

Monday September 18th 2023

Mifflinburg @ Warrior Run Central Columbia @ Bloomsburg Midd-West @ Southern

Wednesday September 20th 2023

Central Columbia @ Mifflinburg Warrior Run @ Midd-West Southern @ Bloomsburg

Tuesday October 3rd 2023

Central Columbia @ Midd-West Mifflinburg @ Bloomsburg Warrior Run @ Southern

Thursday October 5th 2023

Central Columbia @ Warrior Run Midd-West @ Bloomsburg Southern @ Mifflinburg

Tuesday October 10th 2023

Midd-West @ Mifflinburg Bloomsburg @ Warrior Run Central Columbia @ Southern

Thursday October 12th 2023

Warrior Run @ Mifflinburg Bloomsburg @ Central Columbia Southern @ Midd-West

Tuesday October 17th 2023

Mifflinburg @ Central Columbia Midd-West @ Warrior Run Bloomsburg @ Southern