First Practice: August 12th First Scrimmage: August 17th First Game Day: August 30th

Thursday, September 5th, 2019

Shikellamy @ Selinsgrove Mifflinburg @ Milton Southern Columbia - BYE

Tuesday, September 10th, 2019

Milton @ Southern Selinsgrove @ Mifflinburg Shikellamy - BYE

Thursday, September 12th, 2019

Southern @ Selinsgrove Mifflinburg @ Shikellamy Milton - BYE

Tuesday, September 17th 2019

Shikellamy @ Milton Southern @ Mifflinburg Selinsgrove - BYE

Thursday, September 19th 2019

Shikellamy @ Southern Selinsgrove @ Milton Mifflinburg - BYE

Tuesday, October 1st 2019

Selinsgrove @ Shikellamy Milton @ Mifflinburg Southern Columbia BYE

Thursday, October 3rd 2019

Southern @ Milton Mifflinburg @ Selinsgrove Shikellamy - BYE

Tuesday, October 8th 2019

Selinsgrove @ Southern Shikellamy @ Mifflinburg Milton - BYE

Thursday, October 10th 2019

Milton @ Shikellamy Mifflinburg @ Southern Selinsgrove - BYE

Tuesday, October 15th 2019

Southern @ Shikellamy Milton @ Selinsgrove Mifflinburg - BYE